



# Leaders in specialist mental healthcare

St Andrew's is the UK's leading charity providing specialist mental healthcare for people with complex mental health needs.

- An influential pioneer in mental health for over 180 years.
- National specialist care pathways and community solutions for adolescent, women, men and older adults supporting people with complex mental health, autistic spectrum disorders, learning disability and neuropsychiatry needs.
- A rich heritage of working in partnership with the NHS and other healthcare organisations.
- Solutions based organisation, working with others, to provide individual care that meets specialist needs.
- Integrated Research and Innovation team who work with clinical experts to improve industry care quality, sharing knowledge and expertise.
- A unique independent teaching hospital that educates the experts of tomorrow.
- In the last year, we worked with 1,402 patients in our hospital and community homes, and 1,822 patients through our community services.
- Successfully discharging 722 patients with 229 moving into the community or C2H.
- A diverse and inclusive workforce of over 4,000 people and 300 volunteers.

# Transforming lives in Partnership

We work in partnership with others to provide a range of specialist inpatient and community mental healthcare services, research and education that enhances the lives of people with complex mental health needs.

## Part of:

**IMPACT** - East Midlands Adult Secure Provider Collaborative

Lead Trust - Nottinghamshire Healthcare NHS FT - 5 NHS trust, 4 Independent

**Reach Out** – West Midlands Adult Secure Provider Collaborative

Lead Trust - Birmingham and Solihull Mental Health FT

**CAMHS** – East Midlands CAMHS Secure Provider Collaborative

Lead Trust – Northampton NHS FT

**Blended Secure Care Model Pilot for Women** – in partnership with NHS England

**Young Adult Wellbeing Café** – in partnership with Northampton NHS FT

**Assertive Community Transitions pilot** – in partnership with Nottinghamshire Healthcare NHS FT

**Transforming Rehabilitation** – in partnership with London Community Rehabilitation Company

**Veterans Mental Health Complex Treatment Service** – in partnerships with NHSE Armed Forces for the East of England.

## Work in collaboration with:

Patients, Families and Carers, NHS, CJS, GPs, Universities, Workplaces, County Councils and the general public to improve the lives of those who we care for.



London  
Community Rehabilitation Company



# Constantly striving to improve care quality and patient outcomes during a difficult year

## Impact of Covid-19

- Significant impact on our colleagues, patients, service users and their families.
- Tragically a number of patient deaths over the year.
- High percentage of staff self-isolating impacting care delivered.
- Restrictions for family visits and patient leave impacting care progress.
- Specialist demand has reduced – ‘Care Home effect’?
- Inability to support more patients due to stringent covid-19 safety measures impacting income.

## As a charity we consistently strive to improve the quality of our care and patient outcomes.

To counter the impacts of covid-19 and to improve care quality we continue to work with the NHS, our partners and our regulators (the CQC, OFSTED and NHS Improvement etc.) to:

- Implemented well-established pandemic preparedness and infection control plans
- ‘Right size’ our provision for local and national need – reducing secure provision and supporting national strategy
- Implemented a Transformational strategy to improve environments and care quality
- Developed ‘early intervention’ community services outside of hospital
- Offered ward space to the NHS to support covid-19 cases.

# Working more effectively together

Listening +  
Changing

## Listening + Changing

Fundamental to our future is working collaboratively with our patients, carers, families, NHS partners and other healthcare organisations to support the pressures locally and nationally.

- For over 180 years we have adapted to support the NHS.
- Part of Provider Collaboratives, helping to 'right size' local need.
- Working with NHS England to support specialist care and national strategies.
- Forcing the agenda around delayed discharges to improve transitions.
- Developing community services in partnership.
- Bridging gaps in specialist inpatient and community care provision, complementing the NHS not competing against it.
- Sharing knowledge and expertise to improve care.