



NATIONAL
IMPROVEMENT
CONFERENCE
2026

**Leading with purpose
to deliver lasting
health improvement**

NHS IMPACT
Improving Patient Care Together



in partnership with



NHS Confederation



NHSProviders

Please share any reflections and your best learning takeaway from the day via the slido poll



Skills for collaborative change

Beth Banfield and Libby Keck – Q





Skills for collaborative change

National Improvement Event

3 March 2026

Supported by



Hosted by



What we'll cover

- Introduce you to the Q community's **Skills for Collaborative change: skills map and user guide**
- Share activities to support individual and team reflection



About Q

Everyone should have access to high quality health care. Right now, they don't. We know there are thousands of people working hard to change this. But without connections between them, we lose ideas and energy needed to solve the complex challenges we face. In the Q community, we learn, share and collaborate to address pressing health system challenges. By sharing insight, skills, and ideas widely, we create the culture and conditions for improvement efforts to succeed.

Together, we make faster progress to improve health and care for everyone, every day

Visit us online: [Q.nhsconfed.org](https://q.nhsconfed.org)

Email us: Q@nhsconfed.org



Icebreaker

Show of hands:

What percentage of your time do you spend collaborating with others?

0-25%?

25-50%?

50-75%?

75-100%?

How often do you talk specifically about the skills for collaboration in your teams?

0-25%?

25-50%?

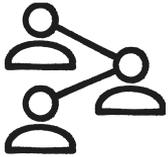
50-75%?

75-100%?

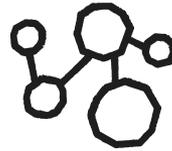


Questions

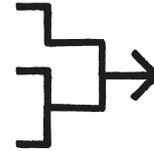
What are the
most important
skills?



How can you
develop them?



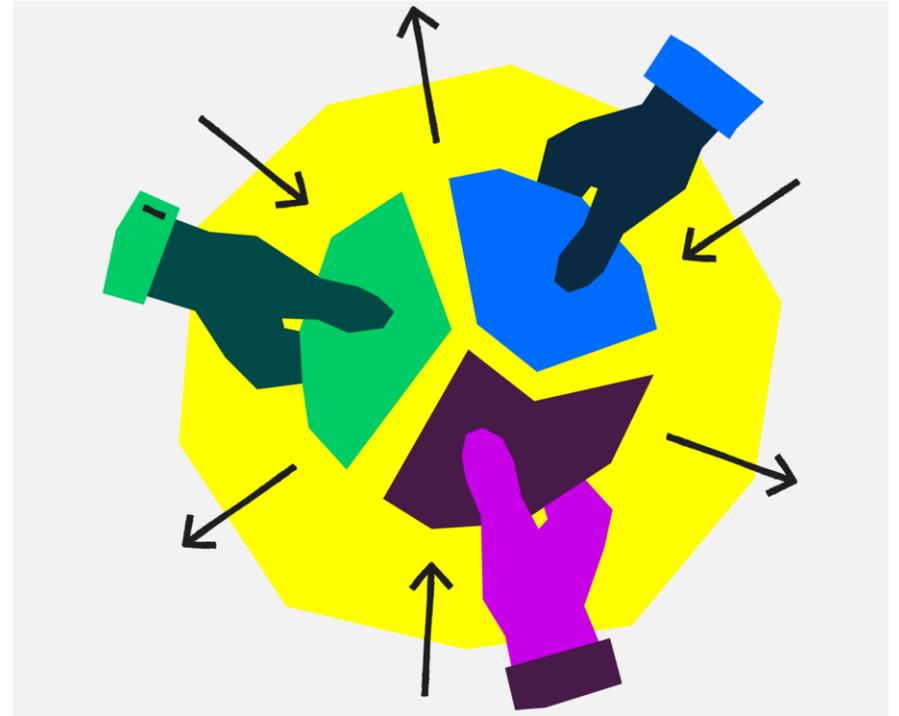
How can you
measure change
and
improvements?



Collaboration can lead to

- More joined-up care for patients
- Less duplication of services
- A more holistic and strategic approach to improving the health of local populations

But....the range of skills that are needed have been poorly understood and invested in



It builds on learning



Practical
learning
on collaboration
and networks



Knowledge of
skills for
innovation



Knowledge of
skills for
improvement

Skills for collaborative change

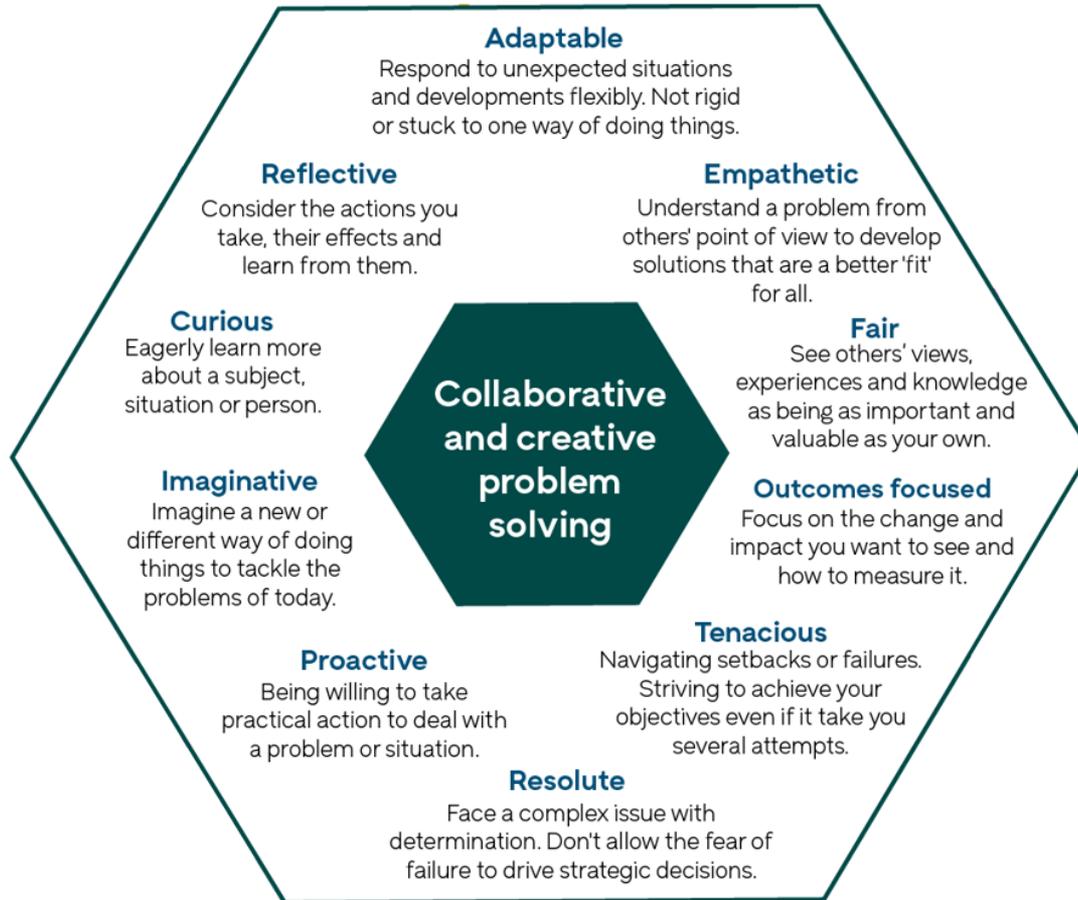
A practical tools that:

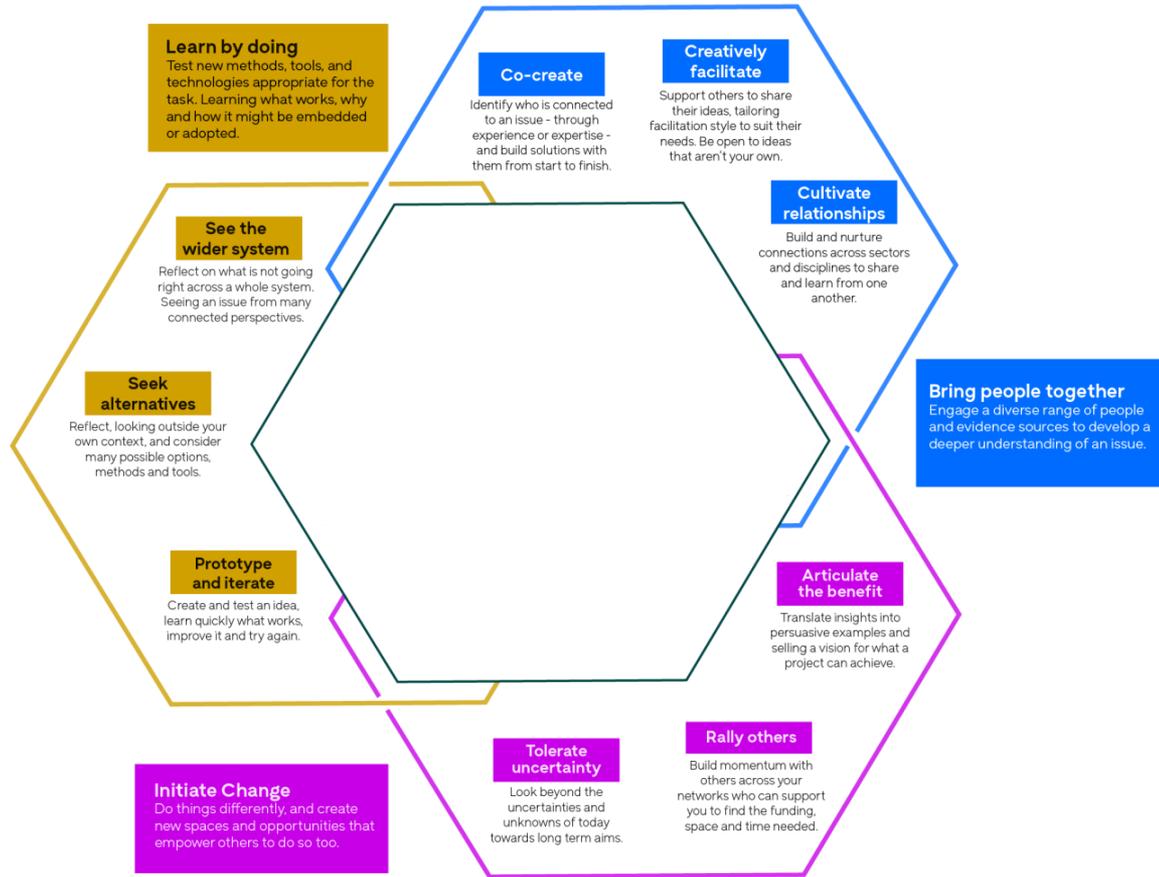
- Raises awareness about important skills and attitudes
- Supports meaningful conversations in teams

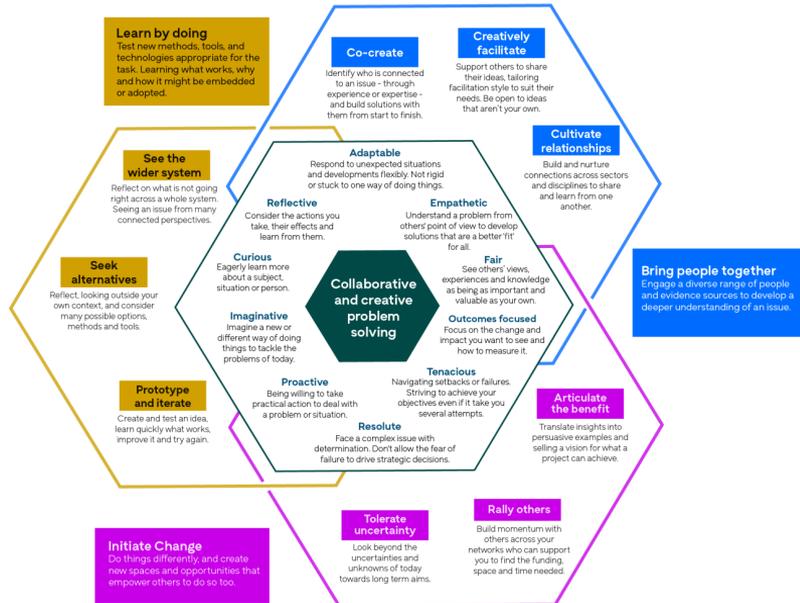


Inner hexagon = **Attitudes**
 Outer hexagons = **Skills**







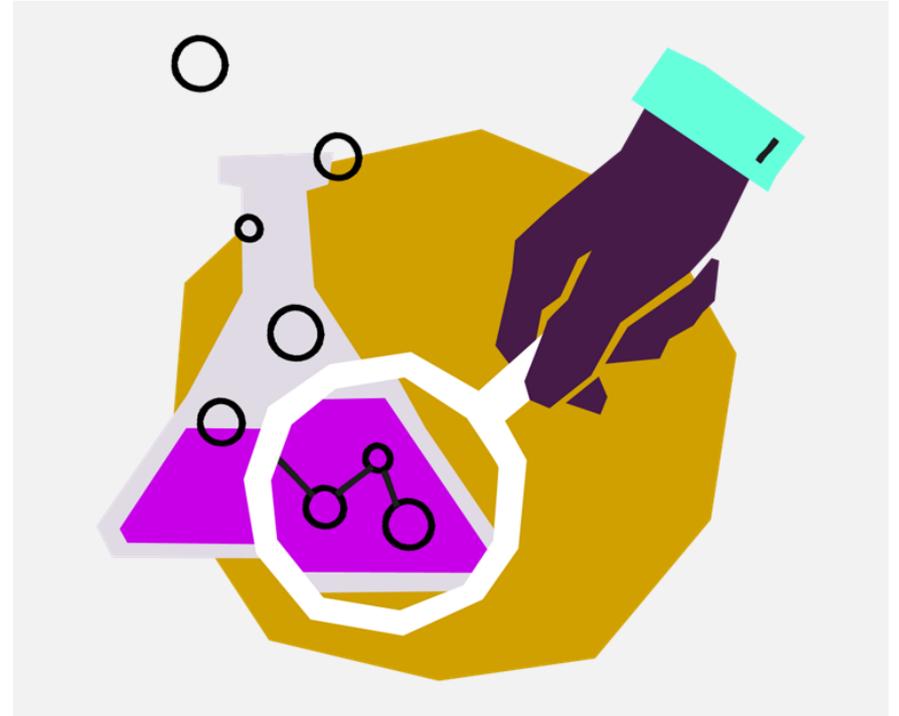


Individual reflection

Individually reflect on your top skill – ie your superpower.

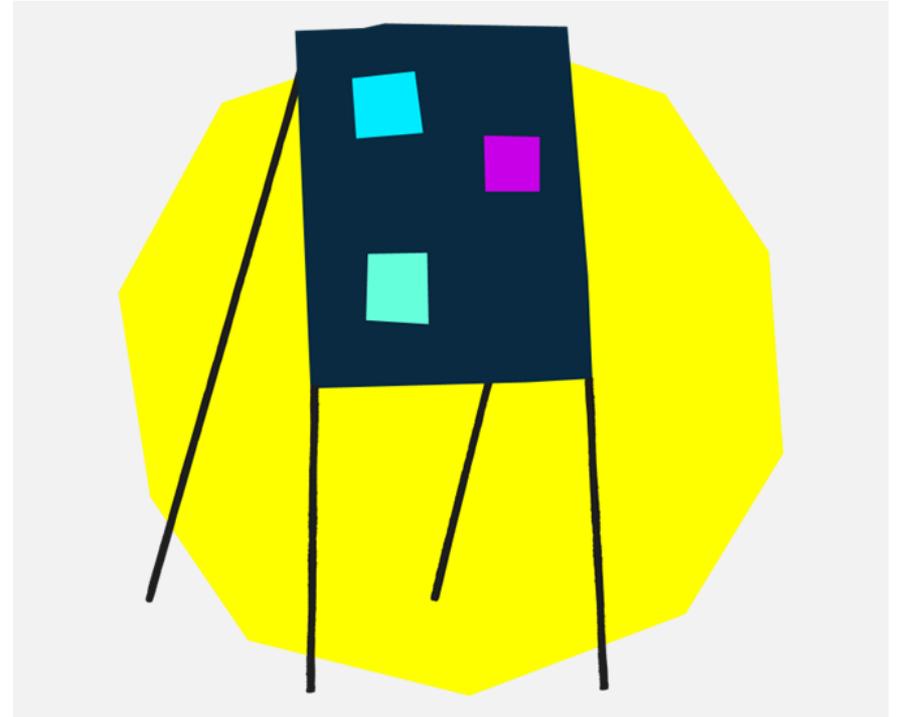
What do you bring to the teams you are in and/or play a leadership role in?

Which skills do you feel most keen to develop?

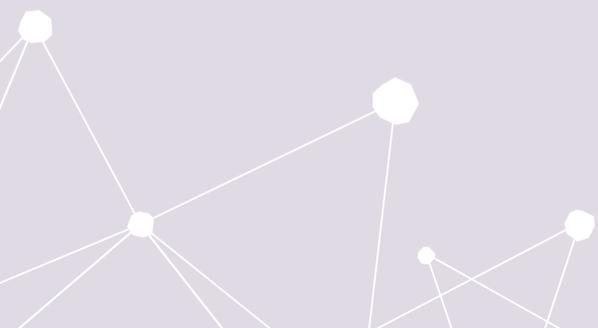


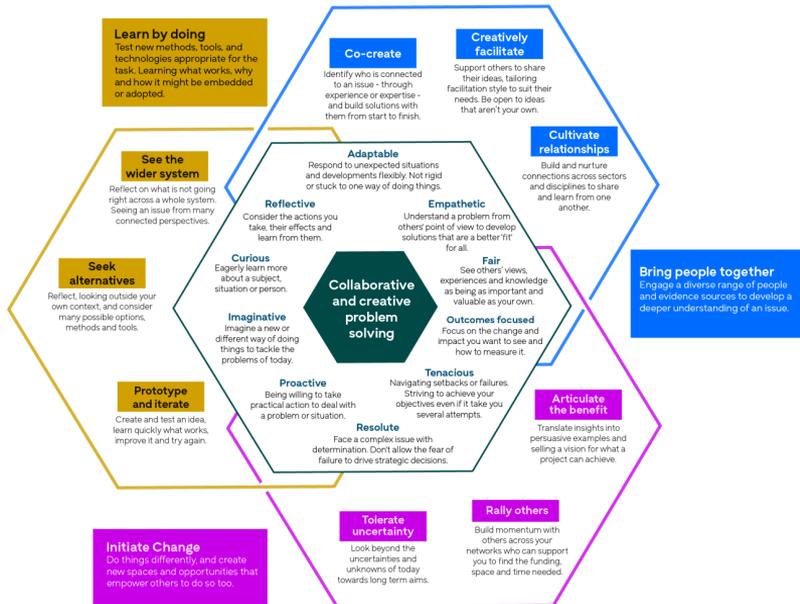
Questions to explore

1. Which skills do you feel most confident and comfortable with?
2. What do these look like in your day-to-day work?
3. Which do you feel most keen to develop, and why?
4. Any other reflections?



Sharing back





Next steps

If you'd like to explore us running a session for you and your team please get in touch

Q@NHSConfed.org

The next Skills for collaborative change session is on **Wednesday 1 April at 12.00**, register on our website:



Thank you

Q is hosted by the NHS
Confederation and supported by
the Health Foundation and
partners across the UK and Ireland

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