



Evolution or revolution: transformation and innovation in mental health services

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GP

Clinical Director SV&V PCN

STOPT VALLEY
HEALTHCARE

Mental Health MDT

Co created with Mental Health trust, run by SV&V PCN

- **Chair, Social Prescriber and Care Coordinator**
- **GP (case specific)**
- **Psychiatrist**
- **Police**
- **D&A services**
- **Social Care**
- **PCN Mental Health Worker**

Run quarterly.

We discuss Primary care cases.

Personalised Care Planning

Notable successes



CYPSP Service

Any 11-25 year old registered in one of the 5 practices



Created before covid

Now had over 1000 C&YP go through the service

Signposting to organisations that can help with physical and emotional health issues

Very well received



Early intervention



ASD traits all age pathway

Created in response to unprecedented demand



This is NOT repeat NOT a diagnostic pathway it is a 'Waiting Well' pathway where people and their parents who are awaiting ASD assessment can work with our Mental Health OT to explore some of the techniques that can be used to help with some of the traits of autism.

We work very closely with the CYPSP service and take a Biopsychosocial approach

VERY Positive Feedback

I supervise all three services



Webinar

A Whole Hour on CYPSP....yeah

Have a watch if you are interested.

We do now have an early intervention ED pathway!

https://www.youtube.com/watch?v=_90NKRNG07U

1.4k
Views

positive
Feedback

