

Progress to date

Significant progress has been made under the Five Year Forward View for Mental Health, forming a solid foundation for the growth in access and improvements in quality promised in the Long Term Plan.

In 2021/22, 4.5m people accessed NHS mental health services (almost an additional 1 million people when compared to 2016/17). By November 2022, approximately 40% more Children and Young People (CYP) had accessed support since 2019/20.

A record 670,000 children and young people aged 0-17 accessed NHS mental health support in 21/22



Increased access to NHS Talking Therapies with 1.2m people starting treatment in 21/22 (vs 950k in 16/17)



48 NHS-led Provider Collaboratives went live, commissioning specialised services according to local population need



Commitment to roll out Mental Health Support Teams (MHST) to 20-25% of the country by December 2023 was achieved a year early



68% of people experiencing their first episode of psychosis accessed care within two weeks of referral



24/7 all age crisis lines rolled out, now supporting 0.25m people every month



20,000+ more staff have been recruited into the mental health workforce in the last six years, including into new roles



Data quality has improved but more work is needed to ensure coverage, quality and monitoring of outcomes



Specialist community perinatal mental health services were established in all parts of England, which saw 43,500 women in 21/22



The first Advancing Mental Health Equalities Strategy was published and the draft Patient and Carers Race Equality Framework has been shared with systems



CYP eating disorder teams now cover all parts of England. 12,500 patients started treatment in 21/22 (vs 10,700 in 20/21)



Established 24 new specialised mental health services for rough sleepers

