Priorities for the Sixth Senedd

Share your views

The **Health and Social Care Committee** has been set up by the Senedd to look at policy and legislation, and to hold the Welsh Government to account on specific issues. This includes the physical, mental and public health and well-being of the people of Wales, including the social care system.

During autumn 2021, the Committee will be considering its strategic approach and forward work programme. To make sure that we can take account of what you think the most important issues are, we would like you to share your views on:

- 1. The initial priorities for the Sixth Senedd identified by the Committee (see below).
- 2. What other key priorities the Committee should consider during the Sixth Senedd in relation to: health services, social care and carers, and COVID recovery.

How to share your views

To share your views, please complete this form and send it **by 16.00 on Friday 17 September** to <u>SeneddHealth@senedd.wales</u>, or by post to Health and Social Care Committee, Welsh Parliament, Cardiff, CF99 1SN.

You can find more information about how to share your views at the end of this document, including guidance on providing written evidence, information about the Senedd's two official languages, and details about how we will use the information you provide.



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About you

This section of the form asks you some questions about yourself and the capacity in which you are responding to this consultation. This will help us to process and use your information in line with our <u>privacy policy</u>.

Your details			
1. Name:	Paul Pavia		
2. Email address:	Paul.Pavia@adss.cymru		
3. Would you like to be added to the Health and Social Care Committee's	Yes (already on list I believe)		
contacts list in order to receive updates about our work?	No		
You can unsubscribe at any time by emailing <u>SeneddHealth@senedd.wales</u> .			
4. Please tell us in what capacity you are responding to this consultation.			
I am an individual responding in a personal capacity			
l am an individual responding in a professional capacity (please tell us what your job title is)	As Co-Chair of the Health and Well-being Alliance Subgroup on Social Care (under the Welsh NHS Confederation)		
l am responding on behalf of an organisation (please tell us which organisation and what your job title is)			
 If you are under 13 years old, we will only be able to accept your response if your parent or guardian has confirmed that you can participate. They can do this by sending us an email to <u>SeneddHealth@senedd.wales</u>. 5. Are you under 13 years old? 			
I am under 13 years old			
I am 13 or over		\boxtimes	
6. Please choose one of the following options to confirm whether you would prefer that your name is not published alongside your evidence.			
We will not publish the names of people under the age of 18.			
I am aged 18 or over and I am content for you to publish my name alongside my evidence		\boxtimes	

I am aged 18 or over and I would prefer that you did not publish my name alongside my evidence			
l am under the age of 18			
7. Please choose one of the following options to confirm whether you have agreement from any third parties referred to in your evidence that you can share information that may be used to identify them and that they understand that it may be published.			
I confirm that any third party I have referred to in my evidence has agreed that I can share information that may be used to identify them, and that they understand that it may be published.			
I do not have the agreement of one or more of the third parties I have referred to in my evidence.			
I have not referred to any third parties in my evidence.			

Question 1: Initial priorities identified by the Committee

The Committee has identified several potential priorities for work during the Sixth Senedd, including: public health and prevention; the health and social care workforce, including organisational culture and staff wellbeing; access to mental health services; evidence-based innovation in health and social care; support and services for unpaid carers; access to COVID and non-COVID rehabilitation services; and access to services for long-term chronic conditions, including musculoskeletal conditions.

Q1. Which of the issues listed above do you think should be a priority, and why?

You can comment on as many or few of the issues as you want.

In your answers, you might want to think about:

- What impact or outcomes could be achieved through any work by the Committee?
- How the Committee might address the issue?
- When any Committee work should take place?
- Whether there are any specific groups, communities or stakeholders that the Committee should involve or hear from in any work?

Question 2: Key priorities for the Sixth Senedd

Q2. In your view, what other key priorities should the Committee consider during the Sixth Senedd in relation to:

- a) health services;
- b) social care and carers;
- c) COVID recovery?

You can comment on as many or few of the issues as you want.

In your answers, you might want to think about:

- What impact or outcomes could be achieved through any work by the Committee?
- How the Committee might address the issue?
- When any Committee work should take place?
- Whether there are any specific groups, communities or stakeholders that the Committee should involve or hear from in any work?

a) Health services

b) Social care and carers

Health and social care organisations have come together through the Welsh NHS Confederation Health and Wellbeing Alliance (HWA) to outline the key areas that the Health and Social Care Committee should consider in the Sixth Senedd.

The Welsh NHS Confederation HWA was established in 2015 to discuss key priorities and policy areas right across the Welsh health and care system. The HWA consists of over 60 health and care organisations from Royal Colleges, third sector organisations and social care organisations, who collaboratively pool their knowledge, insight and expertise to identify and resolve the many and varied challenges that exist within and across the system today.

Over the last 6 years, the HWA has established several sub-groups to examine specific areas of interest or concern in greater depth. The HWA sub-group on Social Care is the most recent group to be established. Like the HWA, the sub-group is represented by a diverse range of organisations

looking to not only raise the status of social care but to also practically assist both local and national government with resolving the short, medium and long-term challenges that they face.

We welcome the opportunity to respond to this Health and Social Care Committee call for evidence on what priority areas the Committee should focus on during this sixth Senedd **term.** As a group, we have collectively identified what our immediate priority areas are and, in many respects, they align with a number of the thematic areas the Committee has already identified:

- Workforce (recruitment, retention and well-being)
- Sustainability of the social care sector
- Prevention and early intervention
- Learning the lessons from the COVID-19 pandemic
- Improved integrated model of care

In terms of prioritisation, we believe the issues identified by the first two bullets are areas that require urgent Committee scrutiny.

Workforce (recruitment, retention and well-being)

We would support an inquiry into the health and social care workforce. Workforce, in relation to recruitment and retention, is widely regarded as the most significant challenge facing the Welsh health and care system now and in the future. COVID-19 has compounded the issues of staff shortages, for example we have a significant shortage of OT's working in social care.

Specifically in terms of social care, there are now real challenges in relation to recruitment and retention both for in-house and commissioned services. Social care departments within local government have maintained a constant recruitment programme across Wales which has seen some success, but the market remains very volatile, particularly in relation to domiciliary care/care at home workforce. The sector has welcomed the support that the Welsh Government have given to fund a further national media push around the 'We Care' campaign, led by Social Care Wales, which has been matched by Local Authorities within their localities. However, both Local Authorities and independent providers are struggling to retain and recruit carers. This has always been a challenge but over recent months it has become significantly more difficult.

We have particular concerns about the resilience of the workforce supporting children's services. This part of the s sector continues to face serious challenges in the following areas:

- Difficulties in recruiting qualified childcare social workers a recurrent theme over many years but this has worsened;
- Difficulties in finding agency social workers and ever-increasing agency fee levels;
- Significant pressures in respect of high levels of unexpected absence and staff sickness; none of which could have been predicted or planned for;
- Social workers stepping down from the profession into non-professional roles due the immense strain consequently adding to the strain on the remaining workforce;

• Staff that remain in the system becoming increasingly fatigued, both emotionally and physically.

There needs to be an urgent focus on parity of esteem with health in relation to pay, terms and conditions and career progression. We cannot wait for the investment when additional social care funding is timed to arrive in two to three years' time. We need an investment in the workforce now because within current financial envelope, local government cannot make the step change that is required.

It would be beneficial that any inquiry into the health and social care workforce also considers the impact that the COVID-19 pandemic has had on health and care staff wellbeing. Staff wellbeing across all parts of the health and care sector continues to be a key priority for NHS, social care and third sector organisations.

As part of an inquiry considering the health and social care workforce, the Committee should consider how well the current health and social care workforce is equipped to make use of innovations in digital systems in the delivery of care. Digital systems are playing an increasingly large role in the delivery of services and digital skills are an essential part of the day-to-day provision of care. However, it is important that in the move to digital solutions that full consideration is given to digital exclusion by those needing health and social care services. For example, in Wales 52% of people over 75 do not have broadband access and many older people do not use computers and smart phones so for some, digital technology is a major barrier. As older people make up a large proportion of those needing social care, it is important that they are not left behind with technological changes.

Sustainability of the Social Care Sector

The parity of esteem agenda with the NHS must extend beyond equal pay and conditions for the social care workforce. There needs to be a genuine, long-term, and sustainable funding settlement for social care, something which had been called for long before the current COVID-19 crisis. The financial short comings in relation to cost pressures and cost differentiation that existed before the pandemic must be acknowledged and understood in order to put the current period in context. For example, the Holtham report highlights that over time the proportion of older people receiving care and support has declined even though older people make up a larger proportion of the population.

Sustainability of Adult Care Services

We believe that the pandemic has exacerbated the precarious financial position that many care providers have found themselves in and calls into question the long-term viability of a number of care providers in the market, particularly within the residential care market, which have been disproportionately impacted by the pandemic. Many residential care providers remain under financial pressure, which is compounded by falling occupancy levels, either due to excess deaths or due to practical restrictions on new admissions, as well as a reduced demand for residential care.

Short-term funding has been made available to offset the cost of occupancy voids through the Welsh Government's Hardship Fund. This has been a significant financial support mechanism and

we welcome the Government's continued support the remainder of this financial year. However, it is important that any decisions regarding the tapering of the support to care providers are taken in full consideration with all partners to ensure this is undertaken fairly and at the right time. If decisions are rushed or arbitrarily taken, it could hasten market withdrawal in the sector and see care homes being returned to the public sector at a time when local authorities and other providers have limited or no capacity to intervene. This means that capacity would be lost from the sector completely and may limit the level of choice when exploring longer-term provision. Moreover, it would also have a significant impact on the ability to support the hospital discharge process, which would result in even greater pressure being placed on the acute health sector, as well as domiciliary care.

We believe there is a need for a wider and more honest conversation on market reform, transparency of cost and quality improvement that goes beyond the development of national commissioning frameworks. It is reform that must guarantee care providers a much greater level of certainty regarding income but coupled with enhanced expectations about further investment in people and assets to improve and maintain the quality of provision. However, there needs to be a realisation that rebalancing the care market means increasing local authority market share, to have a full mixed model of provision. Further involvement of local government and not-for-profit providers will initiate reform that promotes co-production and social value, with a much stronger emphasis on the contribution providers can make to the lives of the people they support and to the communities in which they operate.

We need to urgently reflect on the suitability of the social care structural asset base in a bid to understand what is fit for purpose in post-COVID society. There а is a need for increased capital investment to modernise and adapt facilities and spaces particularly day care, respite and short break provision - to allow us to embed new models and ways of working that have emerged from the pandemic. We all must support the sector to adapt and improve. Failure to do this will have an impact on revenue costs and there will be spaces and facilities that may not survive this pressure.

While there has been a real focus on protecting vulnerable adults in care homes, we should not lose sight of the support and services that are given to vulnerable adults in the community – those in supported living, in extra care accommodation or in shared lives accommodation, and particularly those receiving domiciliary care at home. Both in-house and commissioned services are under significant pressure and Local Authorities are experiencing domiciliary care packages being handed back to commissioners. This has a wider impact on reablement provision, hospital discharges, prevention of admissions and responding to urgent need.

Sustainability of Children's Services

As with adults, children's services across Wales have met the challenge of the COVID–19 pandemic by continuing to provide services to vulnerable children and families with creativity, commitment and determination. However, like adult's services they are equally under significant pressure, with increasing demand at levels not previously known, which is coupled with workforce shortages.

As restrictions have eased, we have seen changing complexity and increasing demand for services. We are already seeing the associated increases in anxiety, poor mental health and substance misuse, all leading to family breakdown. These issues are all linked to the impact of

the pandemic, which is putting many children and families under immense pressure and strain. Looking to the future, more parents and children will need health and care services across the spectrum of need, delivered by a resilient and robust workforce.

While there has been considerable media attention recently on the plans the UK Government have presented the UK Parliament in relation to the creation of a UK-wide health and social care levy, this needs to be examined in a devolved context. We need to understand what the full consequential spend for Wales, whether specific Welsh legislation is required and what the Welsh Government intends to do with the money to support the sustainability of the whole social care system (both adults and children's services) over the medium to long-term. However, in the interim, we need to understand what plans the Welsh Government has to stabilise the sector until that funding comes on stream.

Support and services for unpaid carers

We would support an inquiry into support for unpaid carers and would recommend that any inquiry builds on the predecessor committee's work around the impact of the Social Services and Wellbeing (Wales) Act 2014 and considers any additional support required as a consequence of the COVID-19 pandemic.

As highlighted by Carers Wales, the number of unpaid carers has risen as a result of the pandemic to an estimated 683,000. (Covid-19 Briefing: Impact on Unpaid Carers in Wales, Carers Wales, 2020). Health and social care organisations recognise the significant support provided by unpaid carers and how unpaid carers are key partners in the delivery of services and maintaining the health and wellbeing of the people that they care for.

We would recommend that any inquiry also considers the impact that caring has on unpaid carers own health and wellbeing. Respite care, information and support services are key to carers maintaining their own health and wellbeing and ensuring they have an equal opportunity to stay well and active alongside their caring responsibilities. Access to these services are just as important for the person being cared for as they can be negatively impacted by a deterioration in a carer's health. The result of this could be greater demand on unplanned and emergency NHS and social care services.

c) COVID recovery

Access to COVID and non-COVID rehabilitation services

We would welcome an inquiry into COVID and non-COVID rehabilitation services. Rehabilitation needs (COVID and non-COVID) require an integrated response across health and social care. There will be many affected by the pandemic whose needs manifest across the system and will require intervention, including from the third sector, local government and housing. Rehabilitation then needs to be understood as a whole-system issue. As highlighted in our election briefing, it is important that the Welsh Government commit to a cross-sector approach to the delivery of rehabilitation services in Wales that involves the NHS, local government, social care providers, housing associations and the third sector.

Question 3: Any other issues

Q3. Are there any other issues you wish to draw to the Committee's attention?

Public engagement

We recommend the Committee considers how the Welsh Government and public bodies can better engage and communicate with the public. There is an urgent need for a meaningful dialogue with the public about the future expectations of public services, the reality of COVID-19 recovery and the different role they need to play, with public support critical to delivering and securing policy and service change. A social movement and a national campaign would be beneficial.

There needs to be investment in a cross-governmental, national programme, backed by a comprehensive and inclusive awareness and engagement campaign, to support the public to live healthier lives and maintain their independence, take more responsibility for their health and wellbeing, manage their conditions and know how to use services responsibly. The public will need to be supported in taking more responsibility for their own health and wellbeing, with communication and co-production with the public, third and independent sectors required. The public need to become partners in managing and improving their health, rather than passive recipients of health and care.

This response is endorsed by:

Age Cymru

Association of Directors of Social Services Wales (ADSS Cymru)

British Dietetic Association

BMA Cymru

Marie Curie

MS Cymru

Parkinson's UK Cymru

RNIB Cymru

Royal College of Occupational Therapists

Royal College of Physicians

Welsh NHS Confederation

Submitting evidence

Guidance on providing written evidence

If you have any questions about this consultation or providing written evidence, please contact us at <u>SeneddHealth@senedd.wales</u> or on 0300 200 6565. You may also wish to read the advice on <u>"Getting</u> involved with committees", which explains how to prepare and submit evidence to Senedd committees.

Official languages

The Senedd has two official languages, Welsh and English. In line with the **Senedd's Official Languages Scheme**, we request that you submit your response in both languages if you are able to do so. If your response is not submitted bilingually, we will publish in the language submitted, stating that it has been received in that language only. We expect other organisations to implement their own standards or schemes and to comply with their statutory obligation.

How we will use your information

General information regarding consultations, which you should consider carefully before submitting a response to the Committee, is available in our <u>privacy notice</u>.

How to submit your response

We prefer to receive evidence digitally (for both practical and sustainability purposes). Please send an electronic copy of your form to **SeneddHealth@senedd.wales**.

If you cannot provide evidence digitally , you can send a copy to:

Health and Social Care Committee Welsh Parliament Cardiff CF99 1SN

Responses should be submitted no later than 16.00 on 17 September 2021.