



# Powys Teaching Health Board

## Best practice recognised for improving learning disability healthcare

- Powys nurse recognised for dedication to improving healthcare and outcomes for those with learning difficulties

Catherine Davies from Powys Teaching Health Board (PTHB) has won the RCN Wales Learning Disability Nurse of the Year award. Recognised for her dedication to improving healthcare for individuals with learning disabilities in Powys, her work includes educating GPs and healthcare professionals on specific support needs and driving annual health checks, achieving a 90% uptake.

Catherine, who is based at Bronllys hospital, emphasises that her achievement is a team effort aimed at reducing health inequalities and premature deaths among people with learning disabilities. Catherine also provides training to social care and ambulance service personnel, having trained over 500 learning disability champions across Wales.