

## Ten actions required to improve health, social care and well-being in Wales

Health and social care organisations from across Wales have come together through the Welsh NHS Confederation's 2016 Challenge Policy Forum to outline their key priorities for the NHS in Wales during the next National Assembly term.

We call on all political parties to commit to delivering on the following health, social care and well-being priorities:

- 1. Vision: Having a long term vision for health, social care and well-being, from birth through to death, in Wales and the leadership to make this a reality.
- 2. Finance: Ensuring health, social care and well-being services are properly resourced to deliver high quality care.
- 3. Workforce: Planning and investing in a workforce that is fit for the future.
- **4. Integration**: Ensuring person centred care meaning a seamless experience of health, social care and well-being services for people who need them wherever they are.
- **5. Public health**: Providing the right support and creating an environment for people to live, where possible, healthy and active lives and, as far as possible, make healthy lifestyle choices.
- **6. Prevention**: Preventing people from developing ill-health, acting early and intervening at the right time to ensure people can live their lives as independently as possible and avoid unnecessary hospital admissions.
- 7. Culture: Creating a culture of honest and open communication with the public to empower them to take responsibility for their own health and well-being.
- 8. Mental health: Improving the level of mental health support and enabling parity of esteem between mental and physical health.
- **9. Equality**: Ensuring equal access to health, social care and well-being services, tackling the significant health inequalities that exist.
- **10.Technology**: Improving and maximising access to information and ensuring more effective use of IT and new technology across health, social care and well-being services in Wales.

## The following organisations endorse these priorities:











## **BritishRedCross**







College of Occupational Therapists Coleg Therapyddion Galwedigaethol











**CYMRU** 









Care and support through terminal illness

Multiple Sclerosis Society Cymru

NI YW MACMILLAN. CYMORTH CANSER WE ARE MACMILLAN. CANCER SUPPORT

Gofal a chefnogaeth drwy salwch terfynol















& PODIATRISTS



Royal College

of Surgeons









citizens

advice







ROYAL CYMDEITHAS

SOCIETY FRENHINOL

PHARMACEUTICAL FFERYLLOL









**ADSS Cymru** Leading Social Services in Wales Yn arwain Gwasanaethau Cymdeithasol yng Nghymru



cyngor ar bopeth

