

£119 billion



was the **economic and social cost of mental health problems** in 2019/20, and this is set to grow in the next decade.¹

About

10 million



more people, 1.5 million of them under 18, **will need extra support** for their mental health because of COVID-19.²

Only

1/4 to 1/3



of people with a **mental health difficulty** receive **treatment** for it.³

4x



as many black people than white people in England are **likely to be sectioned under the Mental Health Act** and ten times more at risk of getting a community treatment order.⁴

More than

75 per cent

of **autistic people** sought support for their mental health in the last five years.⁵

Why mental health, autism and learning disability services have to change

1 in 6



children had a mental health difficulty compared with 1 in 10 in 2004 and 1 in 9 in 2017.¹⁰

Higher rates



of most common **mental health difficulties** are in **women and girls** than men and boys.⁶

More than

2,000



autistic people and people with a learning disability are in a **mental health hospital**, the vast majority under the Mental Health Act.⁷

An average of

15-20 years

shorter life expectancy in people with **learning disabilities** and people with **long-term mental health** problems compared with the general population.⁸

3x



more likely to find a **mental health difficulty** in children with a **learning disability**.⁹

 NHS Confederation

Centre for Mental Health



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References: www.nhsconfed.org/articles/reference-list